

Anjaneya Mantra in PDF

Anjaneya Mantra – Divine Chant for Strength, Protection & Devotion

What is the Anjaneya Mantra?

Anjaneya Mantra is a sacred Vedic chant dedicated to Lord Hanuman, also known as Anjaneya, the son of Anjana Devi. This mantra invokes Hanuman's immense strength, unwavering devotion to Lord Rama, fearlessness, and ability to remove all obstacles.

Regular chanting of Anjaneya Mantras is said to grant protection from negative forces, improve mental and physical strength, and bestow spiritual clarity.

Popular Anjaneya Mantras

Here are some of the most revered Anjaneya Mantras:

1. Anjaneya Gayatri Mantra

ॐ नमो भगवते वासुदेवाय ॐ नमो भगवते वासुदेवाय ॐ नमो भगवते वासुदेवाय
ॐ नमो भगवते वासुदेवाय ॐ नमो भगवते वासुदेवाय ॐ नमो भगवते वासुदेवाय

Meaning:

Let us meditate on Anjaneya, the son of Vayu. May Lord Hanuman enlighten our intellect.

2. Beej Mantra

ॐ नमो भगवते वासुदेवाय
(Salutations to Lord Hanuman)

A simple, yet extremely powerful mantra used for daily

chanting and meditation.

3. Anjaneya Dhyana Mantra

ॐ नमो भगवते वासुदेवाय ॐ नमो भगवते वासुदेवाय ॐ नमो भगवते वासुदेवाय
ॐ नमो भगवते वासुदेवाय ॐ नमो भगवते वासुदेवाय ॐ नमो भगवते वासुदेवाय

Meaning:

I take refuge in Anjaneya, the messenger of Lord Rama, who is swift as the mind and fast as the wind.

□ Benefits of Chanting Anjaneya Mantra

Benefit Description

- Protection from evil Shields from negative energy, black magic, and fear
- Mental clarity Improves focus, memory, and stress management
- Strength & courage Boosts confidence and physical stamina
- Spiritual growth Enhances devotion and connects the soul with Lord Rama
- Obstruction removal Removes obstacles in career, relationships, and life goals

□ Best Time to Chant Anjaneya Mantra

- Tuesdays and Saturdays are considered most auspicious
- During sunrise or sunset
- While facing east or north direction
- Chant 11, 21, or 108 times using a Tulsi or Rudraksha mala

□ Ideal for:

- Students preparing for exams
- Professionals under stress

- Devotees seeking divine guidance
- Anyone in need of physical or emotional strength

□ Anjaneya Mantra (FAQs)

□ What is the meaning of the Anjaneya Mantra?

The Anjaneya Mantra invokes Lord Hanuman's qualities like strength, speed, intellect, and devotion to destroy negativity and bless the devotee with success and protection.

□ Can I chant the mantra daily?

□ Yes. Chanting the Anjaneya Mantra daily brings peace of mind, courage, and divine energy into your life.

□ How many times should I chant it?

Chanting 108 times using a japa mala is traditional, but you may also chant 11 or 21 times depending on time and convenience.

□ Can women chant the Anjaneya Mantra?

Yes, absolutely. There are no restrictions. Women, children, and elders—all can chant it with devotion and faith.

□ Is there a specific time or place for chanting?

Preferably during sunrise or sunset, in a clean, quiet space. However, it can be chanted anywhere with sincerity.