

Panchmukhi Hanuman Kavach in Hindi Lyrics PDF | षडशतकम्

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Panchmukhi Hanuman Kavach – The Five-Faced Shield of Protection

Attributed to Lord Garuda

What is Panchmukhi Hanuman Kavach?

Panchmukhi Hanuman Kavach is a powerful Sanskrit stotra (hymn) that invokes the five divine faces (Pancha-Mukha) of Lord Hanuman for total spiritual protection.

This kavach (armor) is traditionally believed to be composed by Lord Garuda, the divine eagle and vehicle of Lord Vishnu, after witnessing Lord Hanuman’s Panchmukhi Roop during the Lanka war in the Ramayana.

It is not just a prayer, but a spiritual shield (kavach) designed to protect the devotee from black magic, evil spirits, and negative energies from all directions.

Hanuman Kavach in Sanskrit/Hindi

ॐ नमो भगवते वासुदेवाय ।

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Who is Panchmukhi Hanuman?

In the Panchamukhi (five-faced) form, Lord Hanuman manifests five heads representing five deities:

Face Direction Represents Purpose

Hanuman – East Strength and devotion Victory over enemies

Varaha – North Vishnu's boar avatar Rescues from hellish situations

Narasimha – South Protector from evil Destroys fear

Garuda – West Eagle-faced Vishnu vahana Neutralizes black magic

Hayagriva – Sky (Upward) Knowledge form of Vishnu Blesses intelligence and memory

Benefits of Panchmukhi Hanuman Kavach

Benefit Description

- Protection from all directions Invokes divine energy from East, West, North, South, and Sky
- Mental peace and focus Clears fear, anxiety, and demonic disturbances
- Breaks curses and spells Removes tantra, black magic, and evil eye
- Spiritual strength Enhances courage, devotion, and dharmic power
- Safe spiritual practice Shields the seeker during meditation and rituals

How and When to Recite Panchmukhi Hanuman Kavach

Step Practice

- Where Home altar, temple, or quiet place
- When Sunrise or sunset, preferably on Tuesdays or Saturdays

How

- Bathe and wear clean (preferably red) clothes
- Light a ghee lamp and incense
- Sit facing east or north
- Recite the kavach with Shraddha (faith) and Bhakti (devotion)
- Conclude with Hanuman Aarti or mantra “ॐ नमो भगवते वासुदेवाय”

When Should You Use Hanuman Kavach?

- When facing spiritual attacks or black magic
- During emotional distress, fear, or legal troubles
- Before starting a new job or business
- During sadhana (spiritual practices) to stay protected
- While traveling or staying away from home

Panchmukhi Hanuman Kavach (FAQs)

Who wrote the Panchmukhi Hanuman Kavach?

It is traditionally attributed to Lord Garuda, the divine bird and vehicle of Lord Vishnu, who composed it after witnessing Hanuman's five-faced form.

What is the significance of the five faces?

Each face represents a different avatar of Vishnu or divine force. Together, they protect from all sides—physical, mental, emotional, and spiritual.

Can this kavach be recited daily?

Yes, especially during times of crisis, emotional turmoil, or when feeling spiritually weak. Chanting daily can create a protective aura.

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